Come HANGOUT with EQUIP

Each month, young adults with disabilities ages 13-28 meet in person and online to increase disability pride, strengthen self-advocacy skills, and create friendships.

HANGOUT with us in person the third Thursday of every month from 6-7 PM

COLUMBIA:	ROCK HILL:	GREENVILLE:
720 Gracern Rd, Suite 106, Columbia, SC 29212	410 Oakland Ave, Suite 101, Rock Hill, SC 29730	135 Edinburgh Court, Suite 101, Greenville, SC 29607
Phone: 803.779.5121	***Third Tuesday from 6-7pm***	Phone: 864.235.1421
TTY: 803.779.0949		TTY: 864.235.8798

HANGOUT with us online the first Thursday of every month from 6-7 PM

http://bit.ly/EQUIP-Hangout

(We can loan a webcam and mic if needed)

Topics We Cover:

- Self-Esteem
- Self-Awareness
- Disability Rights Movement
- Individual/Community Barriers
- Goal Setting
- Community Involvement
- Self-Advocacy
- Communication





For more information about EQUIP, check out:
www.able-sc.org/EQUIP

Connect With Us!

@EQUIPLeadershipGroup

@EQUIPinSC

equip@able-sc.org

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